



## Better Care Workgroup

Tuesday, August 18<sup>th</sup> 2015 - 1:00pm – 4:00pm

West Virginia University Health Sciences Center - Charleston, West Virginia

### Today's Expected Results:

- Strengthen working relationships among workgroup members
- Develop an increased understanding of the state of obesity in West Virginia
- Gain a clear sense of and provide input on measurable outcomes related to obesity
- Provide recommendations for the design of a system that delivers coordinated care
- Identify next steps, materials and expertise needed for our next session, unresolved issues regarding obesity and the related system of coordinated care, and preparation for September's focus on tobacco

Co-Chairs: Arnie Hassen and Nancy Sullivan

Facilitator: Bruce Decker

### **AGENDA**

- 1:00 Welcome, Opening Comments and Introductions
- 1:15 Review of July Workgroup Meeting Results
- 1:30 **The State of Obesity in West Virginia:** Jessica Wright, DHHR, Bureau for Public Health, Division of Health Promotion and Chronic Disease
- 2:15 Break
- 2:30 Launch Document - Proposal for Better Care: Small Group Discussion and Reports
- 3:30 Summary of Common Themes/Initial Consensus On Suggested Proposal Revisions
- 3:55 Final Comments, Next Steps, Action Items, Assignments and Check Out
- 4:00 Adjournment – Thank you for your leadership and time!

## **Ground Rules for Workgroup Meetings**

- Stay focused and on task (use of parking lot, timer and clap)
- Respect others' views and opinions
- It is ok to disagree but don't be disagreeable
- Everyone has the chance to share their ideas or "air time" – be concise and respectful of time limits
- Be positive and solution oriented – strive to innovate!
- The planning process is fluid, dynamic and non-linear – we ALL need to be flexible and adaptive along the way
- Use "thumb-talk" consensus decision-making
  - Thumb up – I support this idea
  - Thumb to the side: I can live with it while it may not met all of my needs, but I don't have strong reservations about the decision
  - Thumb down – I cannot support this decision and have concerns and a solution that the full team must hear from me before we move forward
  - For major decisions that will impact the SHSIP plan, we will use thumb-talk consensus to reach a majority of 2/3 support