

WV Health Innovation Collaborative
Better Health and Better Care Work Group Meeting
Meeting Notes
May 17, 2017
2:00 – 4:00 p.m.

Present: Anne Williams, Co-Chair, Better Health Work Group
Lesley Cottrell, Co-Chair, Better Health Work Group
Nancy Sullivan, Chair, Better Care Work Group
Laura Casto, Office of Information Services
Julie Palas, Catastrophic Illness Commission
Karen Yost, Pretera Center
Lisa McMullin, DHHR, Bureau for Children and Families
Sharon Carte, Children's Health Insurance Program
Debbie Waller, DHHR

By Phone: Tracy Dlott, UniCare
Laura Anderson, WV Health Care Authority
Kim Fetty, DHHR, Bureau for Medical Services
Bruce Atkins, DHHR, Office of Community Health Systems and Health Promotion
Dave Rapp, Wheeling Hospital
Kim Walsh, DHHR, Behavioral Health and Health Facilities

Nancy Sullivan opened the meeting and welcomed everyone in attendance.

Presentation: Safe at Home WV

Presenters: Lisa McMullin, Project Director
DHHR, Bureau for Children and Families
Karen Yost, Chief Executive Officer
Pretera Center

- Safe at Home WV is an IV-E Waiver Demonstration Project that provides wraparound behavioral health and social services to 12-17 year olds.
- The traditional approach was that youth were placed in congregate care in response to behavioral problems. The new approach is communities recognize the impact of trauma, and families are engaged in planning for services. Services are offered to address complex needs, while youth remain or return home safely.
- Adoption and foster care data in 2012:
 - WV led the country in the removal of children.
 - Among youth ages 12-17 in care across the state, about 60% are placed in congregate care, nearly twice the national proportion.

- WV has the highest rate of children entering foster care in the United States: 8.6 children per 1,000.
- Approximately 80 percent of teens enter foster care because of a “child behavior problem”.
- Vision: A collaborative, family-driven system of services and supports for youth and their families provided within their home communities.
- Mission: Successful implementation of Safe at Home WV through engaging our partners to identify service needs and gaps and build formal and informal services for youth and their families within their homes and communities whenever safely possible.
- Philosophical Principles:
 - Our children and families will be safe.
 - Our children and families will be successful. All families to be successful in their lives and have enhanced well-being.
 - Our children will be mentally and physically healthy.
 - Our children and families will be supported in their own homes and communities.
 - Our child-serving systems will be transformed to meet the needs of children and families.
- Wraparound Service Model – based on the national Wraparound initiative model.
- Family engagement and engaging community support to provide services individually designed to meet the complex needs of children and families.
- Elements include:
 - Assessments
 - Care coordination
 - Planning and implementation
 - Transitioning families to self-sufficiency
- Focused on a single coordination plan for the child and family.
- To ensure high fidelity wraparound services, based on ten principles of the wraparound process. These principles were shared with the group.
- Initial Assessment: Trauma-informed assessments were used to identify needs of youth 12-17 in congregate care with the goals of improved identification of strengths and needs and better alignment with appropriate interventions.
- Trauma-informed wraparound services in the community for youth 12-17 in congregate care with the goals of:
 - Reduced use of congregate care, as measured by both proportion and duration of stay.
 - Reduced reliance on out-of-state congregate care facilities.
 - Improved youth and family functioning.
 - Improved timeliness and likelihood of reunification for youth in congregate.
 - Reduced re-entry into out-of-home care.
- Safe at Home WV rolled out on October 1, 2015 in the phase one counties of Berkeley, Boone, Cabell, Jefferson, Kanawha, Lincoln, Logan, Mason, Morgan, Putnam and Wayne
- The goal is to extend this model statewide once data is collected to determine if any modifications need to be made prior to statewide implementation.

- As of May 11, 2016, 155 youth have been referred to Safe at Home WV for wraparound services.
 - A total of 17 youth have returned to WV.
 - 23 youth have returned to their communities from in-state residential placements.
 - 43 youth have been or are being prevented from entering residential placement.
- The role of coordinating agencies like Pretera Center is hiring wraparound facilitators responsible for coordinating the individualized services identified for each youth and their family in their homes. They are also tasked with providing those services or securing them from other sources.
- Some of the responsibilities of the Wraparound Facilitator are:
 - Identifying family's natural supports.
 - Community resource building.
 - Meet on evenings/weekends.
 - Skill building.
 - Crisis planning/stabilization.
 - Immediate response to crisis/available 24/7.
 - Link, liaison and transfer to parent liaison/youth coach/peer support and other services and other services that are needed.
- Wraparound facilitators cannot work with kids in a detention center.
- Family teams: Develop and implement the family's plan and work toward the family's vision by monitoring the family's progress on the wraparound plan. Family teams are groups of people, chosen with the family and connected to them through natural, community and formal support relationship. Family team members are chosen from informal, formal or community groups.
- The State will conduct an evaluation that will consist of three components; 1) a process evaluation, an outcome evaluation, and a cost analysis. The State is also working with a third party to conduct an evaluation of the demonstration program.
- In the summer of 2016, the next phase of the project is to add 24 counties.
- Expectations:
 - Reduce the number of youth in congregate care.
 - Promote strong, permanent connections between youth and their families and communities.
 - Enhance youth and family health, mental health and well-being.

A question and answer period followed.

Ms. Sullivan thanked Ms. McMullen and Ms. Yost for sharing with the group about the great work being done by the Safe at Home WV Project.

For more information on the project:

Lisa McMullen – Lisa.M.McMullen@wv.gov

Karen.Yost – Karen.Yost@prestera.org

National Wraparound Initiative Website: <http://nwi.pdx.edu/>

WV DHHR/Bureau for Children and Families – Safe at Home WV Website:
<http://safe.wvdhhr.org>

Ms. Sullivan thanked everyone for their participation at today's meeting. There will be a meeting on June 9 involving all the WVHIC work groups on the WV State Innovation Model Grant – State Health System Innovation Plan Presentation. This meeting will be held at One Davis Square, Conference Room 134 from 1:00 – 2:00 p.m. Conference call and webinar information will be available since this is a large group.